

Family Guide 2017



BEST SUMMER, EVERY SUMMER!



SUMMER: 865 Bartonsville Woods Road, Stroudsburg, Pennsylvania 18360 (570) 629-0266
OFF-SEASON: 4100 Main Street, Suite 301, Philadelphia, Pennsylvania 19127 (215) IT'S-CAMP

www.pinemere.com / camp@pinemere.com



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2017 Important Dates

Session	Arrival Date	Arrival Time	Departure Date	Departure Time
Full Season 7 Weeks	June 25 th Sunday	10:00 – 11:30 AM	August 13 th Sunday	10:00 – 11:00 AM
First Session 4 Weeks	June 25 th Sunday	10:00 – 11:30 AM	July 23 rd Sunday	10:00 – 11:00 AM
Second Session 3 Weeks	July 24 th Monday	3:00 – 4:30 PM	August 13 th Sunday	10:00 – 11:00 AM
CIT 7+ Weeks	June 23 rd Friday	11:00 AM – 12:00 PM	August 13 th Sunday	11:00- 12:00 PM
CIT-TWO 7+ Weeks	June 23 rd Friday	11:00 AM – 12:00 PM	August 13 th Sunday	11:00- 12:00 PM
Pioneers 12 Days	July 24 th Monday	3:00 – 4:30 PM	August 4 th Friday	1:30 – 3:00 PM
SPARK 3 Days	July 14 th Friday	2:00 – 3:00 PM	July 16 th Sunday	3:00 – 4:00 PM

All balances are due April 1, 2017
All camp forms are due May 1, 2017

Visiting Day

Date: Sunday, July 23rd Time: 10:00 AM – 3:00 PM (10:45 AM – 3:00 PM for CITs)

* Visiting Day is for Full Season campers only. Parents of current Pinemere staff please note that Visiting Day is not a day off for staff

Contact Information

SUMMER

June - August
(570) 629-0266
Fax (570) 620-9053

865 Bartonsville Woods Road
Stroudsburg, PA 18360

WINTER

September - May
(215) 487-2267
Fax (215) 487-2265

4100 Main Street, Suite 301
Philadelphia, PA 19127

Summer Office

The administration of Pinemere's office is led by a number of amazing adult staff and is the hub of our operation. Our staff members appreciate the importance of providing your family with the great service and responding to your questions and concerns. The office team knows camp extremely well and will do everything they can to help you with your need no matter how big or small.

The office team works in the office from 9am – 9pm. We do our best to check messages outside of these hours. You can also email Mitch, Gabe, Linz, or Ann directly.

Telephone Policies & Weekly Office Hours

We kindly request that calls be made to camp between 9:00 AM and 9:00 PM, while our office staff is on duty. In the event that the person you are trying to reach is unavailable, a message will be passed along to them. Our goal is to return each call within a few hours of when it was received. After 9:00 PM and/or if our office team is occupied, please leave a message and calls will be returned as soon as possible.

What if my call is an emergency?

Emergency calls that occur in the middle of the night and require that a camper be woken up, should go to Executive Director, Mitch Morgan, on his cell phone at (314) 740-8298. If the message can wait until morning, please send Mitch an email or leave a message at the office.

Our weekly office hours:

Day	Office Staff On-Duty
Sunday – Thursday	9:00 AM – 9:00 PM
Friday	9:00 AM – 5:00 PM
Saturday	12:00 PM - 5:00 PM

Mailing Information

All correspondence should be sent as follows:

For Campers:

[Camper's Name] – [Bunk]
Pinemere Camp
865 Bartonsville Woods Road
Stroudsburg, PA 18360

For Staff:

[Staff Person's Name]
Pinemere Camp
865 Bartonsville Woods Road
Stroudsburg, PA 18360

Email Information

Parents/guardians may send email through the camp's web service, CampMinder. You can access the site to send emails and view pictures at www.pinemere.com/login. This is available with the same secure user name and password that you used to complete forms before the summer. Email messages to campers will be delivered once daily. Campers may not send return emails. Email messages to campers may ONLY be sent through this service, not through our standard email address. Specific instructions

about CampMinder and the use of their services are available in your online account. Emails sent via campminder will be printed every morning.

Family Travel

If families, at any time during a camper's stay at Pinemere, will be traveling away from home, it is imperative that you update the Parent Vacation Form in your online account, so we are able to reach you in the event of an emergency situation.

Medical Information

Please read this section carefully!

Health Care and Medical Staff

The health and well-being of the campers at Pinemere is extremely important and we take great care in organizing our Health Center. As always, the Health Center will be staffed by qualified professionals who understand the needs of our campers and families. This staff will provide round-the-clock supervision in our modern, air-conditioned facility.

Medical Forms

No camper will be permitted in camp without completed medical forms. Your child should receive a physical examination within 12 months of camp. It must indicate on the forms whether or not your child should receive any special medical attention or medication needed at camp. The medical form can be completed by logging in to the CampMinder section of our website, and you must submit the signed physician's authorization, along with copies of your insurance and prescription cards, either to the forms section of CampMinder or to the Philadelphia office by May 1, 2017.

Special Concerns

We are your partners! In order to do our best job and support of your child, please use the Camper Information Form to advise us of any special health, learning, dietary, psychological, behavioral, or other conditions that affect your child. Knowing about a learning difficulty, ADHD, a history of bed-wetting, or a recent loss or trauma in the family makes a tremendous difference in helping us to be sensitive to your child's needs. At our Directors' discretion, this information will be shared in a confidential manner with appropriate staff members in an effort to best serve your child and create an exceptional summer experience.

We encourage you to consider us a full partner in planning for your child's summer. Please feel free to call the camp office to speak directly with one of the members of our team to discuss any of these issues personally. We thank you for your cooperation and understanding.

Medical Insurance

Please provide Pinemere with your complete medical insurance information. Pinemere Camp will cover your child's medical expenses as follows:

\$3500 maximum per camper per accident

\$1500 maximum per camper per illness

Prescription Medications and CampMeds

For standard distribution of medication to campers and CITs, Pinemere requires all participants living at Pinemere for more than 3 days to participate in an outside prescription service. All participants must be enrolled (on time) with CampMeds. This program costs \$60 per person per session.

Please note: Any family who does not enroll with CampMeds will be charged \$180 for the Health Center to distribute medications not received directly from CampMeds.

Except for asthma inhalers and epi-pens, Pinemere requires that **all** medications be kept in the Health Center. Mealtime medications and bedtime medications will be distributed by our medical staff for your child's convenience.

Health Check

All campers at Pinemere will be checked for head lice upon arrival at camp, before any camper goes to his/her bunk (see below for more information). In addition, our Health Center team will conduct weekly health checks.

Head Lice

As we have in summers past, this summer we are partnering with the Center for Lice Control to prevent and treat lice in a safe and effective manner. Please see the "Forms & Documents" section of your online account for more information.

Contact with Families

The Health Center staff will be in contact with families if the need arises (e.g., a child has to stay in the Health Center overnight, a child has to go to the hospital, etc.). Please do not expect a call every time a child visits the Health Center for routine minor injuries or minor aches and pains. If you are concerned about any aspects of your child's health, please feel free to call camp and leave a message for our Camper Care Team. They will return your call in a timely manner.

Doctor and Hospital Visits

If the Health Center staff feels that your child must be seen by a Doctor or at the hospital, your child will be transported to a nearby hospital or urgent care center. If your child is taken to the hospital, or needs outside medical attention, you will be contacted as soon as possible.

Dental and Orthodontic Appointments

A pre-summer visit to the dentist and/or orthodontist is advised to avoid potential problems during the summer. In the event that your child unexpectedly needs dental/orthodontic work, you will be contacted. You may choose to pick up your children from camp and take him/her to your own practitioner, or for us to make an appointment for your child with a local practitioner.

Allergy Shots

If your child requires allergy shots while at camp, please leave an ample supply of medication and syringes with the nurses in the Health Center. Our medical staff will be available to administer shots as needed.

Medic-Alert Bracelet

Children who react to specific antibiotics or medications, or who have specific medical ailments should wear a Medic-Alert bracelet, which can be attained through the Medic-Alert foundation in your city. If your child falls into this category and does not already have one, please arrange for one prior to camp.

Vaccination Policy

Pinemere Camp is an engaging and social program in a residential setting. The health, safety and wellbeing of our entire camp community is extremely important and is a priority of Pinemere Camp. In line with the recommendations for standard of care by practicing pediatricians across the country and with Center for Disease Control (CDC), Pinemere Camp requires the age appropriate routine vaccination of all campers, staff and employees.

The following immunizations are required by 28 PA.CODE CH 23.81:

- Four doses of tetanus (1 dose on or after the 4th birthday), usually given as DTP, DTaP, DT, or Td.
- Four doses diphtheria (1 dose on or after the 4th birthday), usually given as DTP, DTaP, DT, or Td.
- Three doses of polio vaccine – oral (OPV) or injectable (IPV).
- Two doses of measles and mumps and one of rubella (MMR) vaccine – one after 12 months of age and second doses of measles, mumps vaccine (preferably given as MMR).
- Three doses of hepatitis B vaccine – the first two doses given one month apart, and the third dose six months after the first dose.
- Two doses of varicella vaccine (chicken pox), the first dose administered at 12 months of age or older, or history of disease documented in writing by a parent, guardian, or physician.

***For students entering Grade 7 or older:**

- 1 dose of tetanus, diphtheria, acellular pertussis (Tdap) (if 5 years has elapsed since last tetanus immunization).
- 1 dose of meningococcal conjugate vaccine (MCV).

Not required, but strongly recommended:

- The administration of the Hepatitis A vaccine according to the standard AAP/CDC vaccine schedule. Please consult with your doctor about the recommended AAP/CDC schedule for the Hepatitis A vaccine.
- We are strongly recommending the Tdap booster for those 7 and over who need a Tetanus containing booster and who have not already had one Tdap.
- We strongly recommend that all campers and staff receive flu vaccine.

Policy Exemptions:

- Pinemere Camp understands that some individuals are medically unable to receive certain vaccinations. We will require documentation from a physician to exempt the individual prior to the summer program.
- Individuals that do not vaccinate due to religious beliefs may also be exempt by providing documentation prior to the summer program.
- Individuals that are currently part of the Pinemere Camp program (attended or worked at camp in 2015) may be grandfathered into this policy.

*It is important for families to note – Individuals with exemptions may be excluded from the camp program, at the direction of the Pennsylvania Department of Health, should an outbreak of a non-immunized disease occur.

Jewish Program at Pinemere

Pinemere Camp is a dynamic Jewish community with the goal of fostering the Jewish identities of our community. We do this through creative programming, experiential education, and by learning and living our core values. Pinemere is and always will be a community that welcomes individuals from a variety of backgrounds. Our diversity and camp traditions provide an amazing atmosphere that exists only at Pinemere.

Daily and Special Programs

Throughout the course of the summer, we include special activities for the campers to gain further insight into Jewish history and culture. This includes visiting artists, musicians, and programming created by the Pinemere Team. Each elective cycle offers campers an opportunity to sign up for activity periods with our Jewish and Israeli Culture department. This group offers a wide range of experiential education programs that the campers love!

Shabbat

We celebrate *Shabbat* each week as a community beginning Friday afternoon and continuing through sundown on Saturday. After a special welcoming of Shabbat on Friday afternoons, services are held in our lakeside chapel, led by our campers, CITs, and staff. The time spent together as a community affords us a chance to enjoy a spiritually charged Jewish experience. After services the camp makes its way to the dining hall for a festive Shabbat dinner that includes matzo ball soup, and challah. After dinner, campers change out of their whites and khakis and into tie-dye clothing for Tie Dye Friday, our all-camp song and dance session. This high-energy celebration is a highlight of the week! Saturday programming, including our Saturday Folk Sing, is enjoyed until we close Shabbat with our all-camp *Havdallah* service on Saturday night.

Our campers and staff wear white shirts and khaki shorts or pants for *Shabbat* services. This style of dress unifies our camp community as we celebrate a special time of the Jewish week. It's important to note that while we ask the camp community to dress in whites and khakis, this is not a fashion show! We encourage the campers to dress appropriately, but not fancy. White t-shirts are absolutely appropriate.

Israel

Each summer Pinemere hires amazing staff from Israel. Generally, there are a dozen Israeli staff working in a wide variety of areas around camp. Many of our staff have been to Israel on gap year programs, semesters abroad, Birthright, and family trips. Our CIT TWOs (rising eleventh-graders) spend four weeks of their summer in Israel as part of the CIT TWO program.

Kosher

Pinemere provides kosher food, but we are not supervised by a Mashgiach. We use separate dishes and utensils for meat and dairy meals. All food in camp is certified kosher.

Technology at Camp

PINEMERE IS A SCREEN-FREE CAMP!

Here are some great reasons that we have chosen to make Pinemere a Screen-Free environment:

- Encourage our campers to spend more time enjoying the outdoors
- Promote socialization between campers and teach important communication skills
- Remove the divide between the “haves” and the “have-nots” in each bunk
- Reduce the stress associated with the damage to and theft of electronics
- Give campers a much-needed break from the world of technology
- Allow campers to fully embrace the connections they make with other campers
- Assure that our campers are not exposed to age-inappropriate material

We are happy to specifically clarify how this is defined at Pinemere:

Allowed:

- Tape Deck
- 8-Track system
- Record player
- Walkman/CD Player
- AM/FM Radio
- Cameras
- Magazines
- Books
- Cards
- Jacks
- Mad Libs
- Crossword Puzzles
- Music-playing device that does not have a screen with video capabilities
 - Based on feedback from parents and campers, the one exception to this rule is the iPod Nano. Campers are permitted to bring an iPod Nano to camp but all photos and videos must be deleted from the device prior to arrival at camp.
 - Camp reserves the right to check music players to ensure they meet our technology standards and may hold such devices in the office until the completion of the summer.

Here are a few music players we suggest that are easily available on amazon.com or at your local electronics store:



Sandisk 8GB Clip Jam MP3 Player



FecPecu Portable MP3 Player



iPod Shuffle



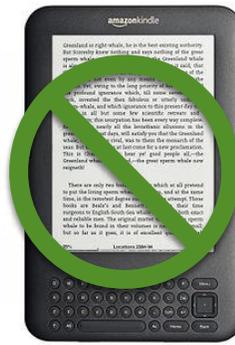
AGPtEK M20S Mini MP3 Player



iPod Nano (with all video and photos deleted prior to camp)

Not Allowed:

- Cell Phones
- Laptops or Desktops
- TVs
- Tablets
- PSP, Nintendo DS, other gaming devices
- iPads, iPod Touches, other iPods with video
- Kindle Fires, Nooks, other E-readers
- Video Cameras



Digital Cameras

Taking snapshots of the fun times our campers enjoy while at Pinemere is something we love to do – thousands of images have been captured by our staff in recent years. In addition, we do allow campers to bring cameras with them and use them during certain special activities during the summer. We do, however, have a few rules concerning the use of cameras at camp during the summer:

1. Campers are not permitted to use the video option to take video, except when specifically permitted. We recommend disposable cameras (and sell them through our canteen) to prevent the loss or damage of any expensive equipment.
2. Cameras are not to be carried around during the day, but can be brought to specific programs with permission from a unit leader.
3. Due to concerns regarding personal privacy and liability, Pinemere Camp reserves the right to limit the use of photographic equipment, and the areas/activities in which photographs may be taken, during the summer.

Cell Phones

Campers are not permitted to have a cell phone at camp under any circumstances. We would appreciate the cooperation of parents/guardians with this policy, including restricting their own use of cell phones in camp on arrival day, visiting day, and departure day. If your child is flying to/from camp and they travel with a phone, it will be kept in the office safe when they arrive at camp and returned at the end of the session. **Any cell phones at camp will be confiscated and mailed home to families, C.O.D.**

We view the opportunity to disconnect as a gift for your children while at camp. Thank you for supporting this effort to simplify the camp experience and to build additional interpersonal skills.



Everything from A to Z

Activities

Campers will participate in the following daytime activities while they are at camp this summer:

Bunk Activities

During the normal camp day, there are 3 bunk activities scheduled. Camp schedules these each week to ensure that campers get to experience all Pinemere has to offer and to ensure a day offers a variety of activities. At the start of the week campers will have the schedule posted for them so that they know what's coming. When bunks go to these activities with their counselors, they enjoy the instruction and leadership of the specialty staff. All campers are expected to participate, to the best of their ability, in all activities.

Electives

Electives are activities that are chosen by campers on their own and make up the three afternoon periods. The electives are all activities that are run by specialty counselors, and are divided into age/gender-appropriate groups as needed. Campers are given a list of all electives after a few days of camp, and they rank their top three choices. The programming staff then assigns top choice electives for each camper for the upcoming week. Electives change weekly.

Swim Instruction

Instructional swim periods are held at least 3 days 5 days per week, and are run by the American Red Cross (ARC) standards. Campers are divided into groups at the first swim of their session, and are given ongoing instruction to help them improve their skills, no matter the level. These groups are guided by qualified lifeguards, and receive assistance from other counselors when needed. All campers are expected to take a "Deep Water Swimming Test" at the start of the session. If campers do not pass, they are able to retake the test as many times as they would like. 9th grade campers will not be required to participate in standard ARC swim instruction; instead, these campers will be provided with a special program that challenges them to perform fitness and gain other equivalent skills.

Free Swim

There is an open swimming time at the pool almost every afternoon.

Arrival & Departure

Families are responsible for the drop-off and pick-up of their campers on the first and last day of the camp session. If arrangements are needed for families traveling by airplane, or sending campers on airplanes, please contact the camp office. We are very happy to assist in these accommodations whenever possible.

Every effort is made to handle arrivals and departures as smoothly and efficiently as possible. Please note that the delivery of bags on the first day of camp may be limited to Row and Line (younger girls and boys) campers during the Arrival/Drop-Off period. Baggage delivery for our Hilltop and Village campers (older girls and boys) may be made after parents have departed from camp. If this is the case, rest assured that our counselors will help the campers unpack and get settled.

Flying to Camp

Campers who fly to camp should be ticketed to Lehigh Valley Airport, where they will be met by a Pinemere staff person and brought to camp. Luggage that cannot be accommodated on the plane should be shipped directly to Pinemere in Stroudsburg, PA. Please call the camp office before making flight arrangements if your child will be flying to camp.

Bar/Bat Mitzvah Tutoring

We have a number of capable staff at camp who can assist your child in preparing for his/her upcoming Bar/Bat Mitzvah. Our staff members can be scheduled to meet with your son/daughter weekly (usually during rest period). Please send all of his/her materials to camp, including notes from the Rabbi or Cantor

that would be helpful in utilizing the tutoring time most effectively. Please note that these sessions are used to review material your child has already learned, not to teach new material. If your camper has recordings of prayers/torah reading/etc to help them practice, please make sure those recordings are on a device that meets our technology standards (see page 9).

If you are interested, please complete the Bar/Bat Mitzvah Tutoring Form, which is available in your online account. Contact our office if you have any further questions.

Birthdays

Every child celebrating a birthday at camp will receive recognition and lots of attention from the entire camp. The birthday girl or boy will receive a cake, which is shared by his/her bunk at lunch or dinner, and the whole camp will sing "Happy Birthday" to him/her. If you would like to send special decorations or small gifts for the birthday camper, please contact the camp office in advance to make arrangements.

A brief call between a camper celebrating a birthday and his/her parent(s) will be provided (from camp, to the family). Our office will contact you to arrange the birthday call, which takes place during the morning hours, except on Saturday, when it will take place in the evening.

Bunk Placements

All camper placements are made by our camp directors. We take several factors into consideration when making these decisions, including any special requests for bunk placement made via our website in the Bunking Requests section of CampMinder. These requests will be limited to three names, in order of preference. If you have made requests other ways, please note that the only requests to be considered will be those listed in CampMinder under "Bunking Requests." Please be aware that these requests should be mutual, those requesting each other must be in the same grade at school, and we can only guarantee one person.

The announcement of placements will be made UPON YOUR ARRIVAL AT CAMP.

Cancellations

Refunds for cancellations made from November 30, 2016 until May 1, 2017 will be made upon written request, minus a cancellation fee of \$350. On or after May 1, 2017, any cancellation will result in loss of all monies paid.

Contributions

Contributions to Pinemere Camp are greatly appreciated! Many families choose to make a donation on the Camper Application form when enrolling children for camp, while others opt to make a contribution at the end of a session to recognize the work of a counselor or to "thank" the camp. Contributions can be made to a Financial Aid Fund, Improvement Fund, or our general Operating Fund. All contributions to Pinemere Camp are tax-deductible.

Crisis Response & Security

Our job as camp directors is to make the health and well-being of the campers our highest priority. Our professional and summer staff spend considerable time developing protocols to maintain the safety of our camp community, and creating effective planning for responding to any type of crisis. For more information, please contact our camp's directors.

Discretionary Account

Your all-inclusive 2017 tuition covers all expenses for your child during the summer (including all snacks from the canteen). A "Discretionary Account" should be established by families for each child, allowing the camper flexibility in ordering sundry items from the canteen during the summer. These items may include camp gear (T-shirts, sweatshirts, stuffed animals...), stamps, batteries, and toiletries. Campers without money in this account will not be able to purchase items. You can fund your child's account by accessing the "View Accounts" section in your online account. Here, you can also view any purchases made by your child during the summer and add funds to the account throughout the season. The unused amounts of this account are fully refundable at the end of the summer (by check mailed to all families). Although this account is totally at your discretion, **we recommend at least \$60 per session for each child.**

Please note that all campers will receive one white Pinemere t-shirt upon arrival at camp. Additional camp gear (not required) can also be purchased on the first and last day of camp and on Visiting Day.

Dress Code

We require each camper to dress in a way that reflects respect for the environment of camp, and meets generally acceptable standards of cleanliness, neatness, and modesty. We suggest that parents and campers discuss levels of appropriateness before arriving at camp, and to remember that Pinemere is a place where we play in the dirt, get wet, sweat, and play.

Please note that shirts or other clothing with inappropriate wording or graphics will not be permitted. This includes clothing that uses sexually explicit or profane language or promotes the use of alcohol, drugs, or smoking. **With regard to bathing suits, shirts, skirts, shorts, etc., Pinemere Camp reserves the right to ask any participant to change his/her clothing at any time.**

Driving Directions

Our camp is easily accessible by car, approximately 90 miles from Philadelphia and New York City. The following directions are for travel to the summer campsite:

From Southeastern Pennsylvania, Philadelphia & Southern New Jersey Areas

Take Route 476-N (NE Extension) via either 76 (Schuylkill Expressway), 476, or 276 (PA Turnpike). Follow 476-N to Exit 56 (Lehigh Valley/Allentown). Take Route 22-E towards Allentown. Follow 22-E to Poconos/Stroudsburg Exit (Route 33-N). Follow 33-N to Bartonsville Exit. This Exit will dead-end at Route 611. Follow "From Route 611" directions below.

From Delaware, Maryland & Washington, DC Areas

Take Interstate 95-N towards Philadelphia. After crossing the PA border, take exit 7 onto Route 476-N. Follow directions above.

From New York & Northern/Central New Jersey Areas

Take Interstate 80-W towards PA. Follow 80-W to Exit 302 in PA (Bartonsville). Exit will dead end at Route 611. Follow "From Route 611" directions below.

From Route 611

Turn left on Route 611, heading north. Follow 611-N through two traffic lights. The next street that appears on your left is Golden Slipper Road. The "Knight's Inn" will be on your right, while "Colonial Auto" and the big red "Peterbilt" sign are on your left. Turn left and follow Golden Slipper Road for approximately 2.5 miles (Golden Slipper Road will become Bartonsville Woods Road). Pinemere will be on your right!

Evaluations

At the conclusion of the summer season you will receive via email an evaluation to complete about your experience. We ask for you to provide feedback and insights on the summer in order to ensure another fabulous Pinemere experience for your family and others.

Eyeglasses & Contact Lenses

If your child wears glasses or contact lenses, we encourage you to send extra pairs and/or prescriptions to camp. These would be best kept in our camp office or health center. If he/she needs urgent eye-care during the summer, we will contact you before making a decision on treatment.

Fees

All balances are due in full by April 1, 2017. Payments may be made by check (payable to Pinemere Camp), cash, or credit card (Visa, Master Card, or Discover). Please contact Ann Selkow (215-487-2267 ext 101 or ann@pinemere.com) with any questions about payment.

Food

Our chefs prepare meals that are nutritious, plentiful, and offer variety. Many of our campers and staff have their own dietary needs, so we substitute acceptable items whenever needed. There are always alternative meals for those with allergies or legitimate restrictions. Salad bar, soy nut butter and jelly, fresh fruit, and vegetarian alternatives are available for campers at lunch and dinner each day. We plan meals that have an abundance of fresh items, including fruits and vegetables, as well as traditional camp favorites.

If your child has any special dietary needs, please note them on the Medical and Camper Information forms.

Laundry

Laundry is done once each week by an outside professional laundry service. Laundry is picked up at camp on Wednesday morning and delivered back to camp on Friday afternoons. Each camper will need his/her own personal laundry bag for dirty clothes, but large bags will be provided for the bunk to send items to the service. Please remember that all personal clothing items must be clearly marked with the camper's full name. We suggest using permanent or laundry markers (make sure names are legible), but sewn-on or ironed-on labels work well too.

Leadership Programs (CIT, CIT-TWO & JC)

After campers have attended Pinemere for their 9th grade summer, they may be invited to participate in our Counselor-in-Training (CIT) program. This exceptional summer-long leadership experience provides boys and girls with exciting training and growth opportunities. Following that season, CITs may be asked to return to join our CIT-TWO Program (Leadership/Travel), which includes approximately 2 weeks of training in camp and 5 weeks of travel. This program features a four-week trip to Israel, college visits, outdoor adventure, environmental education, community service, leadership opportunities in camp, Jewish experiential education, and much more. Following that summer, CIT-TWOs may become Junior Counselors (JCs). During their JC summer, they are a part of our staff team, taking on the responsibilities of counselors while still receiving advanced training.

Lost & Found

Pinemere Camp does not assume responsibility for the loss or damage of items brought to camp. We return lost and found items regularly throughout the camp season. Please mark all of your camper's belongings with his/her first and last name. On the last day of each session, the lost and found will be available for you to go through to find your camper's lost items. All items not claimed within a month of the end of the camp season will be laundered and donated to a charitable organization.

Mail

Our campers write home Monday through Friday. We feel that it is important for families to hear from their campers, even if the letters are relatively brief. Campers may write as many additional letters as they want – to grandparents, siblings, friends, etc. Writing home should encourage families to write or email their campers on a regular basis. Campers truly enjoy getting letters from home! Many parents/guardians send a letter that arrives at camp even before their child arrives for the session.

When writing, please be supportive. Please do not write things in your letters that would make your camper jealous of the time you're having at home, like, "you really missed an amazing cruise!" Please do not tell your camper that you will pick them up if they are unhappy or homesick. This undermines their attempts to get through adversity. Your kind and thoughtful words of encouragement can make a tremendous difference in your child's camp experience.

Many parents find it helpful to send pre-addressed (and stamped) envelopes or postcards with their child. Stamps, stationery, and envelopes all are available for sale from the canteen should your child run out of them.

Money & Valuables

Campers do not need any money with them at camp. All expenses are included in your child's tuition. Money and valuables brought to camp will be stored in our camp safe and returned to families at the end of the session. We cannot be responsible for any items/valuables brought to camp that are misplaced or damaged.

Mosquitoes & Insects

Each year, we address this issue prior to and during the season, and are quite diligent in having our staff be certain that campers are applying insect spray (or other materials). In order to help assure that your child is as protected as possible, please be sure to send ample amounts of insect repellent with them to camp.

Musical Instruments

If your child plays an instrument, we encourage them to bring it to camp. Please consider that all instruments are kept in the camper's bunk, and we cannot be responsible for any damage to the item. If your child does not have an instrument, but would like to learn how to play the guitar, we have programs and staff members available for instruction – we'll even try to lend them a nice "six-string." "Camp Rock" will be offered as an individual elective, and will also be offered to bunks who select to participate. "Camp Rock" will strive to instill a love of creating music in our campers, and will seek to teach the next generation of Pinemere song leaders how to play guitar, drums, and lead sing-alongs.

Package Policy

We do not accept packages at Pinemere, with the following minor exceptions:

- We will accept flat, non-padded envelopes (maximum size 9" x 12")
- If your child forgets a necessary camp item, you can send the item to camp and address the package to "Camp Office - Forgotten Item"
- Non-food birthday packages are permitted and should be addressed to "Your Child's Name - Birthday Package"

Packing List

You will find the full Packing List in Appendix B

We recommend printing a copy of the Packing List for your convenience. We realize that the list may seem too long to parents (and likely too short for many campers!), but we have created these recommendations and requirements based on our real experiences at camp each summer. Please take nothing for granted, and simply contact us if something seems excessive or missing, or if you have questions.

Pets

Please keep personal and family pets (including dogs and cats) away from all camp property. This includes bringing your child's new puppy or favorite kitty on arrival, departure, or visiting day – even if the pet is well-trained. Anyone who brings a pet onto the premises will be asked to remove the pet immediately.

Pictures

"Official" photographs of each camper and bunk will be taken and added to CampMinder at the beginning of each session. We also post 200+ photos every day except Shabbat, so you can see your children in action around camp. From here, families can opt to purchase images if they wish.

Pioneers

We are excited to offer a 12-day "Pioneers" option for first-time campers entering grades 2-6, from July 24- August 4, 2017. If you know of families that might be interested, please have them contact our office.

Reunion

Pinemere Camp hosts an annual camper reunion during the off-season. The reunion is held in the Philadelphia area on a Sunday morning in the winter, all campers (and staff) in attendance the prior summer are encouraged to attend. Information will be sent out via email prior to the event.

Rules & Behavior

Please refer to the “Contract of Understanding” (Appendix F) and “Social Networking & Internet Policy” (Appendix G) for more information. These forms are required reading for all campers and must be digitally signed via our website.

Schedule

A sample daily schedule can be found in Appendix A.

SPARK Weekend

Pinemere’s 3-day session for first-time campers offers boys and girls, entering 1st-4th grades, an opportunity to experience Pinemere during a weekend-only program (July 14-16, 2017). Please contact our camp office for more information.

Sports Equipment

All of our campers are guaranteed a high-quality sports experience at camp this summer. We supply modern equipment for use by all ages of campers. If your child wishes to bring his/her own equipment, please make sure your child’s name is clearly labeled.

Staff & Supervision

Our most important off-season task in preparing camp for your child is the hiring and training of our exceptional staff. We pride ourselves on the quality of the individuals that work with the campers, as well as the staff that support their work all summer. All staff members will be part of a pre-camp Orientation & Training program (lasting roughly 10 days), as well as in-service education during the camp season. From our directors, to our supervisors, to our counselors, we will be working hard to enhance the feeling of community, qualities of leadership, consistency of supervision, and the sense of respect that all campers, teens, and staff enjoy at Pinemere.

Tattoos, Piercings & Haircuts

No new piercings or tattoos are permitted while at camp. As well, campers will not be permitted to cut/color their hair while attending camp, without permission from parents and camp directors. If you have any specific questions regarding this policy, please contact us.

Telephone Calls

Campers are not allowed to make or receive telephone calls while at camp. Feel free to call our summer office as often as you like – whatever you need to feel comfortable while your child is at camp. One standard exception to our telephone policy will be the permission of campers celebrating a birthday while at camp to have a very brief call with (a) parent(s). This will be scheduled as described in the “Birthdays” section.

Tipping & Gratuities

Pinemere does not allow families to tip staff. Our counselors are professionals who are dedicated to serving every camper equally during the summer. They understand that they cannot accept any gratuities for their work. Families can show their support of staff by making a contribution in their name to one of Pinemere’s scholarship funds, and these donations are tax-deductible. If you make a donation in honor of a staff member, the staff member will be notified of such contributions.

Tours of Camp

If you have any friends who would be interested in taking a close-up look at Pinemere for future enrollment, please encourage them to contact the camp office at 570-629-0266 or visit www.pinemere.com/tours to join us for a tour of camp. Tours are offered on Sundays at 10 AM & 3 PM, except on arrival and departure days. RSVPs are required.

Trips

As part of our program at camp, we occasionally take our campers out of camp for special activities and trips. These excursions include such things as canoe trips, mountain biking, ice skating, and a local water park. For these programs, our staff maintains the same strict policies on supervision, and all activities are overseen by on-site administrators and other essential staff. Under no circumstances may parents/guardians meet their campers while they are out of camp during the session.

Visiting Day

Families of Full Season (7-week) campers will enjoy a visiting day at camp with their children at the end of the four-week session. Visiting Day is scheduled for Sunday, July 23rd, 2017, from 10 AM – 3 PM. CITs will be helping with camper departure at the start of the day, so their Visiting Day will not begin until 10:45 AM. More details about Visiting Day will be sent out during First Session.

Visitation Policy

Only people with prior involvement at Pinemere (alumni, board members, etc.) will be permitted to visit with prior permission by our camp directors. In the event that a parent/guardian needs to visit camp or pick up his/her child for any reason, please contact the camp office to make arrangements. Individuals who are picking up or dropping off CITs or staff members on their days off must stay in the office only. They are not permitted into camp.

Appendix A – Camp Schedule

Pinemere Camp Daily Schedule

Sunday-Tuesday, Thursday	
7:30 AM	Wake-Up
7:55 AM	Flag Raising
8:00 - 8:40 AM	Breakfast
8:45 - 9:25 AM	Morning Prep
9:30 - 10:15 AM	First Period
10:30 - 11:15 AM	Second Period
11:30 AM - 12:15 PM	Third Period
12:30 - 1:15 PM	Lunch
1:15 - 2:10 PM	Rest
2:15 - 3:00 PM	Fourth Period
3:00 - 3:10 PM	Snack
3:15 - 4:00 PM	Fifth Period
4:15 - 5:00 PM	Sixth Period
5:00 PM - 6:05 PM	Showertime
6:10 PM	Flag Lowering
6:15 - 7:00 PM	Dinner
7:00 - 7:45 PM	Free Play
7:50 - 8:50 PM	R/L Evening Activity
7:50 - 9:10 PM	H/V Evening Activity
8:55 - 9:45 PM	R/L Circle Time
9:10 - 10 PM	H/V Circle Time
9:45 PM	R/L Lights Out
10:00 PM	H/V Lights Out
10:00 PM	Unit Staff Meeting
12:30 PM	Staff Curfew (Camp)
12:55 PM	Staff Curfew (Bunk)

Wednesday Late Wake-Up Morning	
8:30 AM	Wake-Up
8:55 AM	Flag Raising
9:00 - 9:40 AM	Breakfast
9:45 - 10:25 AM	Morning Prep
10:30 - 11:15 AM	First Period
11:30 AM - 12:15 PM	Second Period
12:30 - 1:15 PM	Lunch
See daily schedule for remainder of the day	

Friday Schedule	
7:30 AM	Wake-Up
7:55 AM	Flag Raising
8:00 - 8:40 AM	Breakfast
8:45 - 9:25 AM	Morning Prep
9:30 - 10:15 AM	First Period
10:30 - 11:15 AM	Second Period
11:30 AM - 12:15 PM	Third Period
12:20 - 1:10 PM	Cookout Lunch
1:15 - 2:10 PM	Free Play
2:15 - 4:00 PM	Rest/Shower/Prep for Shabbat
4:05 - 4:15 PM	Snack
4:20 - 5:05 PM	Kabbalat Shabbat
5:20 - 6:20 PM	Shabbat Services
6:30 - 7:20 PM	Dinner
7:25 - 8:55	Oneg Shabbat (R/L until 8:35)
8:40 - 9:45 PM	R/L Circle Time
9:00 - 10 PM	H/V Circle Time
9:45 PM	R/L Lights Out
10:00 PM	H/V Lights Out
10:00 PM	Unit Staff Meeting
12:55 PM	Staff Curfew (Bunk)

Saturday Schedule	
by 9:00 AM	Wake-Up
9:00 - 9:45 AM	Breakfast
9:45 - 10:00 AM	Family Time
10:10 - 11:10 AM	Shabbat Services
11:20 AM - 12:20 PM	Sing
12:30 - 1:15 PM	Lunch
1:15 - 2:10 PM	Rest
2:15 - 3:00 PM	Fourth Period
3:00 - 3:10 PM	Snack
3:15 - 4:00 PM	Fifth Period
4:15 - 5:00 PM	Sixth Period
5:00 PM - 6:05 PM	Showertime
6:10 PM	Flag Lowering
6:15 - 7:00 PM	Dinner
7:00 - 7:40 PM	Free Play
7:40 - 8:00 PM	Havdallah
8:05 - 8:50 PM	R/L Evening Activity
8:05 - 9:10 PM	H/V Evening Activity
8:55 - 9:45 PM	R/L Circle Time
9:10 - 10 PM	H/V Circle Time
9:45 PM	R/L Lights Out
10:00 PM	H/V Lights Out
10:00 PM	Unit Staff Meeting
12:55 PM	Staff Curfew (Bunk)



Appendix B – Packing List

Please consider this information when preparing your child for camp. We have tried to share our many years of experience to help you adequately provide for your child's summer, while being careful not to burden you with unnecessary costs. Remember, camp is an informal setting.

General Clothing

- 10 T-Shirts
Include at least one blue and one green shirt for Maccabi, and one white shirt for tie-dyeing
- 4 Sweatshirts
- 2 Sweatpants
- 8 Shorts
- 2 Pants/J Jeans
- 5 Bathing Suits
- 12 Underwear
- 14 Socks
- 4 Sleepwear/Pajamas
- Optional: Long-sleeve T-Shirts, Tank Tops

Shabbat Clothing

- 3 White Shirts
- 2 White Long-Sleeve Shirts
- 2 Khaki Shorts (light color)
- 1 Khaki Pants (light color)
White shirts may have logos, can be Pinemere shirt
- Optional: Kipah, Khaki Skirt

Outerwear

- 1 Rain Coat/Poncho
- 1 Baseball/Brimmed Hat
- Optional: Additional Hats, Fleece Jacket, Windbreaker

Footwear

- 1 pair Sneakers (All-purpose)
- 1 pair Sneakers (old)
- 1 pair Hiking/Rain Boots
- 1 pair Shower Shoes/Flip-Flops

Sports Gear

- Optional: Baseball Glove, Tennis Racket, Lacrosse/Hockey Stick, Fishing Rod

Linens & Bedding

- Beds are cot-sized
- 1 Pillow
- 2 Pillow Cases
- 2 Bottom (fitted) Sheets
- 2 Top Sheets
Provide extra sheets for bed-wetter.
- 1 Blanket
- 1 Sleeping Bag
- 8 Towels
- 1 Eggcrate/Mattress Pad (optional)

- Optional: Wash Cloths, Bathrobe, Stuffed Animal

Toiletries

- Toothbrush & Case
- Toothpaste
- Soap & Soap Case
- Shampoo
- Drinking Cup (non-breakable)
- Brush/Comb
- Deodorant
- Kleenex
- Toiletries Container/Bucket/Plastic Bin

Sundry Items

- 2 Water Bottles (labeled!)
- Laundry Bag
- Insect Repellent/Bug Spray
- Sunscreen
- Flashlight & Batteries
- Stationery & Envelopes
- Stamps
- Pens & Pencils
- Books, Comics, and Magazines
- Games & Hobbies
- Camera
- Hand-held Fan (Battery-Operated)

- Optional: Small Backpack, MP3 Player, Batteries, Book Light, Diary, Photos, Costumes, Hair Dryer, Handheld Mirror, Watch/Clock, under-the-bed plastic storage

Do NOT Pack

- Hand-held Electronic Games
- Electric Fans (Battery is OK)
- Expensive Electronics/Toys/Games
- Television/Computer/Video
- Cell Phones
- Walkie-Talkies/2-way Radio
- Knives/Weapons (of any kind)
- Expensive Clothing
- Inappropriate Music
- Sexually-suggestive Clothing Items
- Money or Valuables

Label Everything

- All clothing, equipment & materials must have your child's name marked clearly. We recommend a permanent/laundry marker, but other labels are okay.

What to Pack In

- Almost anything will suffice-as long as it can get the stuff to camp (and be saved to be used for the return trip.) Trunks, bags, etc. will not be available while at camp, however under-the-bed storage boxes may be used for additional storage. 7H x 39W x 20D

Don't Send Expensive Stuff

- We're not responsible for personal effects damaged or lost. Please consider this before sending clothing or supplies with your child.

Don't Over-pack

- We provide space for the storage of your child's supplies, but sending too much stuff will create difficulties. Please try to stay close to this list.

Don't Spend a Lot of Money

- A summer at camp is costly enough without buying tons of supplies. If you need some advice, just call us. Remember that serviceable items are key—we're a very informal and "outdoorsy" camp!

Appendix C – Parent Time

PARENT TIME



A Supplemental Guide to preparing a child for an extraordinary summer at Pinemere Camp

PACKING POINTERS

When we say “Label Everything” we mean everything!

With over 350 people at camp and 180 acres, you can imagine how easily belongings can be misplaced at camp. All items, including shoes, socks, hats, tennis rackets and so on, need to have names CLEARLY marked. We suggest using permanent or laundry markers. Sew on and iron on labels work well too. It is imperative that you use full last names instead of initials. If you have not put a name on an item and it is misplaced by your child, it becomes very difficult to return it to the right person. Thanks for your help.

Please don't send too much stuff to camp!



There is enough space inside the cabins to store the items that campers and staff need at camp. Unfortunately, as individuals bring an overabundance of items, we run into possible problems. Please refrain from overpacking for camp. The Packing List supplied by camp is a sufficient guide.

A trunk is great, but there are plenty of options!

Remember this key to camp baggage—as long as it can get the stuff to camp and get the stuff home, it's OK! A trunk or footlocker and duffel bag are the typical vessels to fill your child's belongings, but we do not want to force you to purchase new baggage. We do not require campers to use a

trunk as storage in the cabins. There is more than enough room on our cabin shelves and cubbies. All trunks and duffels are stored under the bunks during the summer.

Please do not send drawers to camp!

We do not permit standing drawers to be sent to camp. These include plastic, cardboard or other items that are used by the campers to store clothing and other items. Because of limited space in our cabins, the prevalence of these items makes it difficult to ensure equal storage space for all campers and creates a cluttered environment. We'll continue to allow plastic containers that fit under the beds (less than 14" high) Please call us with any questions and we appreciate your cooperation.

Make a list and try to stick to it!

We suggest using our packing list as a guide, but understand if there are some items that you substitute or add. Whatever you do, try to jot down everything that's being packed so that you can be sure that everything comes home. You can print an extra copy of your list to keep at home as well as enclose in your child's luggage. This can be a very helpful tool to prevent confusion at the end of a busy summer season.



A TOUCH OF HOME

Mementos from home can always bring a smile!

Feel free to send your child with a picture, stuffed animal or other items that remind them of home. It should be something small, but that little object can represent a little touch of home. Please make sure that your camper's name is on all items.



THE BOOK NOOK

Reading material is an excellent companion for any child!

There is not much “down time” at Pinemere, but when your child is relaxing around camp or in the bunk, a good book can really come in handy. We do not permit video games in the bunks so a magazine or comic book can be great during daily rest period or when campers are preparing to sleep. For younger campers, our counselors will be happy to read to the entire bunk at bedtime.

STORMY WEATHER

Remember to pack hiking shoes and rain gear!

Our packing list indicates the need for every child to have hiking boots and proper rain gear. We really mean it! We have an active outdoor program including overnight hikes, campfires, and more, so appropriate footwear is a must. These boots should be weatherproof and sturdy. As for rain gear, a completely waterproof coat or poncho is needed. If your child has “duck boots” or other rain shoes, feel free to send them. We appreciate your help — we want to make sure that every child is prepared for the demands of an exciting summer.

Appendix D – First Time Advice

Advice for Families with Campers Going to Camp for the First Time

According to Bob Ditter, psychologist and camping expert, the more a child has a chance to “practice” behaviors that are similar, the more the child will experience mastery. Going away to overnight camp for most children will be most successful if parents/guardians try the following:

Speak to the parent/guardian of a child who has already attended Pinemere

Parents/guardians have their own language when it comes to children, and a parent/guardian who’s been there can offer insights into camp. If you would like to contact families before the summer, please call the camp office and we can provide references for you.

Visit camp if possible

Visiting offers a chance for your child to help them visualize themselves being there. Our Open House on Sunday, June 11th is a wonderful opportunity to visit and meet other new campers and their families.

Begin having overnights

If your child has never had a sleepover, start with either a best friend in the neighborhood or with a favorite relative (grandparents, cousins, etc.)

Showers

If your child typically takes baths at home, have them begin “practicing” taking showers, and turning the shower on & off on his/her own.

Getting ready

Have your child participate both in shopping for camp and some of the packing. Practice folding clothes and making a bed from “scratch.”

Problem solve with your child before camp

“What should you do if you run out of underwear?” “What will you do if you are not feeling well?” Parents/guardians might want to try role-playing some possible camp problems with their child.

Speak openly about your child being away

Check your own feelings about having your child be away for three, four or seven weeks. Children are keen sensors of parental angst. If you are not ready yourself, it may be harder for your child to leave and feel permission to have fun.

Develop a good relationship with the directors

If you or your child is homesick, an understanding director can help you through the rough spots.

Remember why you are sending your child to camp in the first place:

To have fun, make great friends, learn more about him/herself, and grow a little more self-confident and self-reliant.

Appendix E – Camper Prep

Help with Homesickness

It is important to remember that going to camp can be a major change for any child and that a camper can be homesick at day camp just as easily as at resident camp. The most important thing is for parents/guardians to feel good about camp themselves, and about the idea of their child being there.

- ★ When packing for camp, ask your child what special (non-valuable) personal items they might want to take along. This is to increase comfort levels by having something familiar nearby as they adjust to a new place.
- ★ Talk about going to camp in the days leading up to it. About one week beforehand, start talking about what they are looking forward to, what they want to do most at camp when they get there, etc.
- ★ Speak openly about homesickness. Mention that kids often feel jittery about going to a new place and inquire about how they are feeling. Feeling nervous is normal. Reassure your child that you believe in them and their ability to make friends and have fun.
- ★ Second-year campers (and other “veterans”) can also experience homesickness. This sometimes comes from pressure that last summer was “the greatest time of their life.” Remind your child that he/she will once again have fun, and will have new experiences and will make new friends to add to their awesome experience.
- ★ Have a letter ready to mail a day or two before camp begins so it is there the day your child arrives. Avoid long descriptions of all the things he/she might be missing, as this may make him/her feel torn about missing out.
- ★ If your child is a bed-wetter, has any medical restrictions, or needs extra attention, it is imperative that this information is shared with our staff before the summer. If your child is a bed-wetter, please be sure to send extra sets of sheets and disclose your “tapping” methods to the director who in turn will share the appropriate information with your child’s counselor. We appreciate this information, and it will allow us to better serve your child’s needs.

What to Say (and What NOT to Say)

Here are examples of GREAT things to say to your children as they prepare to leave for camp:

“Pinemere (or ‘Mitch’, ‘Gabe’, ‘Linz’, etc.) knows how to get in touch with me if they need to.”
“I’m going to be checking out the website every day to see how you’re doing.”
“I’m going to write to you all of the time.”
“I love you, and I’m really happy that you’ll be having this awesome experience this summer.”

Here are some **NOT GREAT** things to say to your children as they prepare to leave for camp:

“I’ll pick you up early if you get too homesick.”
“Just try camp for a week and see how you like it.”
“You have to go to camp so that we can get a vacation.”
“You can call me anytime.”

Appendix F – Contract of Understanding

Pinemere Camp is dedicated to offering children, teens, and staff a chance to enjoy a summer camp experience in a majority Jewish setting where they can grow socially, emotionally, and spiritually.

We strive to create a community that is safe for individuals to take risks by providing them the tools necessary to find success in doing so. It is our goal to provide a well-supervised and nurturing environment for our campers and teens and only employ exciting staff members who understand their roles as strong role models, educators, and supervisors. Pinemere Camp is a place where participants will create, learn, and live together while making memories that will last a lifetime. This unique opportunity is exciting, yet challenging. Living together requires a lot of cooperation, sharing, patience, and respect. In addition, we have high expectations and standards of behavior at Pinemere. We do not tolerate abuse or exclusive behaviors of any kind, be it mental, physical, sexual or verbal.

One of our goals at Pinemere is to help individuals learn to be responsible for their own behavior. In most situations, we will solve behavioral problems without having to involve parents. This is different if a person exceeds the limits understood by the camp community. We expect:

- **Respect for all living things**, which means that no person will ever hurt another person physically, sexually, or psychologically. We will treat all animals with respect, too.
- **Respect for the environment and facility**, which includes the natural environment in which we live during the summer, activity and program spaces, as well as one's own personal space.
- **Alcohol and drugs may not be possessed or used at camp** and the consequence for possession or use will be dismissal from camp. No camper or teen may possess any smoke-able substance, matches, or lighters.
- **Camp is not a place to experiment sexually.** Any behavior beyond discreet hugging and kissing is not permitted.
- **Weapons of any kind are not permitted.**
- **Campers to adhere to our screen free policy.**
- **Individuals will make choices which are good for themselves and for others, and take responsibility for those choices.**

With these standards and expectations in place, the administration of Pinemere must reserve the right to ask that a person at risk to themselves or the community be removed from camp immediately. We will expend every effort on behalf of the entire camp community to make the camp experience a positive one. We hope to form a partnership with families to deal with concerns in an honest, productive, and effective manner. Please remember that Pinemere is a family, and we respect and value our relationships.

Our Jewish values guide our everyday actions and decisions. At Pinemere, we pledge to care for your children and help guide them on the right path towards positive experiences, building relationships, and making good choices. Together, we can help ensure that your children have a meaningful, fulfilling, and fun summer.

In 2017, we are excited to challenge all members of our community to engage in efforts to achieve the following goals:

1. Enhance the sense of **COMMUNITY** at Pinemere, so that it represents the positive values outlined in our mission.
2. Strengthen the **LEADERSHIP** skills of all members of the camp community, including, campers, teens and staff.
3. Model and reinforce the value of **RESPECT** of each other, of ourselves, and of the camp, itself.
4. Establish camp **RUACH**, or camp spirit, by participating fully and engaging our entire community.

Appendix G – Social Networking & Internet Policy

The internet and social networking websites and apps allow campers to communicate with the public. It has also become a place where "cyber-bullying" can exist--children threatening and intimidating other children. Inappropriate internet behavior is dangerous and directly contradicts camp's moral standards and mission. The guidelines below help assure that all campers, staff, and parents remain safe and secure.

I agree to be respectful of the camp, its program, the campers, and its employees in all communications in my profile, blog, or other internet communications. I will not:

- Use obscenities, profanity, or vulgar language
- Engage in harassment, cyber-bullying, or intimidation
- Post comments that are derogatory with regard to an individual person's race, gender, religion, sexual orientation, or disability
- Engage in sexually explicit, suggestive, humiliating, or demeaning comments

Communication initiated by campers to staff is permissible. Pinemere Camp's policy states that staff must ask families for permission to have camper "friends" and they must be kept on a limited profile setting, thereby blocking campers from staff members' personal content.

We ask that parents discuss the seriousness of inappropriate communications with their children. As an important first step, if a child has the option to make his or her profile private to strangers, that should be done immediately. We also suggest that families monitor campers' cell phones, specifically text messages and other messaging applications.

The Internet is a wonderful tool with thousands of educational, entertaining, and informational websites that can open up a new and exciting world. We encourage this exploration tempered with some reasonable precautions.

Appendix H – Local Sites

THESE ARE THE PEOPLE IN OUR NEIGHBORHOOD...

Where to stay!

Bed & Breakfasts

Brookview Manor

Canadensis – 30 minutes
570-595-2451

Sterling Inn

South Sterling – 35 minutes
800-523-8200

Merry Inn

Canadensis – 30 minutes
800-858-4182

Stroudsmoor Country Inn

Stroudsburg – 15 minutes
570-421-6431

Hotels, Motels, Resorts

Pocono Inn

Stroudsburg – 15minutes
570-421-2200

Comfort Inn

Bartonsville – 5minutes
570-476-1500

Day's Inn

Tannersville – 15minutes
570-629-1667

Mount Airy Casino & Resort

Mount Pocono – 20minutes
877-682-4791

GreatWolf Lodge

Tannersville – 15minutes
570-688-9899

Howard Johnson's

Bartonsville – 5minutes
570-424-6100

Knight's Inn

Bartonsville – 5minutes
570-629-8000

Skytop Lodge & Resort

Skytop – 30minutes
800-345-7759

Where to eat!

Quick Bites

Alfredo's Pizza & Pasta

Good pizza, good prices
Bartonsville – 5 minutes
570-688-9800

Panera Bread

Café/bakery
Stroudsburg – 10minutes
570-476-6740

Family Restaurants

Friendly's

Great family dining
Tannersville - 15 minutes
570-619-8877

Pocono Brewing Company

Good pub food
Tannersville – 15 minutes
570-629-9399

Red Robin, Chili's & Longhorn Steakhouse

Bartonsville Crossroads Mall
Route 611, Route 33 & Route 80
5minutes

Tannersville Inn

American food
Tannersville – 10 minutes
570-629-4302

Snydersville Diner

A Pinemere Institution
Snydersville – 15minutes
570-992-4003

Sarah Street Grill

Eclectic cuisine
Stroudsburg – 15minutes
570-424-9120

Fine Dining

Smuggler's Cove

Seafood & steak house
Tannersville – 10 minutes
570-629-2277

Stone Bar Inn

Fine, casual dining
Snydersville – 15minutes
570-992-6634

Shiro

Japanese/sushi
Swiftwater – 25 minutes
570-839-2500

Pangea

Indian
Scotrun – 20 minutes
570-629-0250

Where to go!

Camelback Ski Area

CamelBeachWater Park
Ski Mountain & Water Park
Tannersville – 15minutes
570-629-1661

CasinoTheater/IceCreamParlor Movies, FrozenTreats & MiniGolf

MountPocono – 25minutes
570-839-7831

Crossings Outlet Mall ShoppingOutlets

Tannersville – 10minutes
570-629-4650

GreatWolf Lodge Hotel & Indoor Water Park

(Open for Guests only)
Tannersville – 15minutes
570-688-9899

Pocono Theater Art-House Movies & Coffee Shop

East Stroudsburg – 20minutes
570-421-3456

Stroud Mall Shopping, Movies, Food Court

Stroudsburg – 15minutes
570-424-2770

Bushkill Falls

"The Niagara of Pennsylvania"
Route 209, Bushkill
570-588-6682

Pocono Go Carts

Route 611, Bartonsville
570-629-0820



Appendix I – Pinemere Lingo



After we finished the *Birkat*, I went out onto the Green, and then walked to my bunk on the Line.

The following terms are used at Pinemere – some more than others. If you know what every term means, you’ve obviously been around for a while! Do not expect to remember everything right away – it takes us all a bit of time to pick up the language.

13/14	One of our overnight campsites.
611	The major road located a few miles from camp leading into Stroudsburg, PA.
ACA	American Camp Association. Pinemere is an accredited camp through this national organization.
Ann	Pinemere’s Business Manager.
Announcements	At the close of each meal, important information will be shared with campers and Staff.
Aqua-Jump	One of our beloved Lake toys.
<i>Birkat Hamazon</i>	The prayer recited after meals.
Blueberry Hill	Another one of our overnight campsites.
Board of Directors	As a non-profit organization, Pinemere has a volunteer Board that oversees the camp.
Canteen	The camp store at which which campers can purchase items.
CIT	Counselors-In-Training. These boys and girls are entering 10 th grade.
CIT-TWO	Members of the second year of our three-year Leadership program. These boys and girls are entering 11 th grade and spend 4 weeks of camp in Israel.
CIT Hunt	<i>Not</i> when we try to find the CITs! A special camp event that is organized by the CITs.
Cookout	An outdoor activity where campers and their counselors build a fire and make “mushburgers.”
Cottage	The building in the Line Unit which houses Bunks 1, 2, 3 & 4.
Cubbies	The storage shelves that camp provides in the bunks to hold clothing and other items.
Electives	Specialty hobby periods for campers that are chosen in advance, and held 4-6 days per week.
Field House	Dedicated to Robert H. (Bob) Miner in 2000, this gymnasium is used for athletics and other camp programs.
Flaps	The heavy canvas covers that are raised and lowered every day over the screens of the bunks and tents.
Frankie and Johnny	You’ll figure this out when you go to our Saturday Folk Sing.
Free Play	The period after dinner where campers can relax or go to open activity areas.
Fun-Yak	Small kayaks that campers can use during activities at the Lake.
Gabe	Pinemere’s Assistant Director
Good Good Yes Good	At wake-up time on the first morning of camp you will figure this out.
Green	The grassy area in the center of camp where campers and staff go to relax and socialize.
<i>Hatikva</i>	Israel’s national anthem, recited at our morning Flag Raising.
<i>Havdallah</i>	The brief service that closes Shabbat, led by the CITs.
Hilltop	The unit for female campers entering 7 th – 9 th grade and their counselors.
Hootenanny	Another name for our all-camp Folk Sing held Saturday morning.
HQ2	The small building on the Fields that houses athletic equipment.
Job Wheel	A tool used in each bunk to rotate campers and counselors through cleaning chores in the bunk.
JC	Junior Counselor. These young men and women work as counselors in bunks and are part of the Staff.
JCC/JCCA	Pinemere is an independent camp that is affiliated with the Jewish Community Centers Association of North America (JCCA). While Pinemere is not directly overseen or connected to a JCC locally, we work with a number of JCCs in the region.
<i>Kabbalat Shabbat</i>	An activity welcoming the Sabbath.
<i>Kashrut, Kosher</i>	Jewish dietary practices. Only land animals that chew their cud and have split hooves (sheep, cows; not pigs, camels) are permitted. All of these must be slaughtered in a special way. Further, meat products may not be eaten with any dairy products. Of sea creatures, only those (fish) having fins and scales are permitted. Fowl is considered a meat food and also has to be slaughtered in a special manner.
<i>Kehillah</i>	Hebrew for “community.”
Lazy Day	A great day of fun for the campers – a long day of work for staff.
Line	The unit for male campers entering 2 nd -6 th grade and their counselors.

Line Site	One of our overnight campsites.
Linz	Pinemere's Assistant Director
Lower Maple Tree	The tree and platform between the Office and Sand Volleyball Court.
Maccabi	"Color War" at Pinemere. Maccabi takes place each session and often involves an elaborate "breakout."
Mazel Tov	Hebrew for "congratulations."
Mitch	Pinemere's Executive Director
Motzi	The short prayer said before eating bread, recited before our meals.
Mushburger	A longstanding Pinemere tradition, this is the food made at cookouts and overnights.
My Week	A schedule of the week's activities posted in each bunk.
OD (On Duty)	Multiple counselors from each Unit are assigned as rotating nighttime supervisors of campers.
On Call	A Professional Staff member (director, etc.) is assigned nightly to be available and rotating throughout camp.
Oneg Shabbat	An activity held Friday evening that includes fun programs for campers and staff with a Jewish theme.
Overnight	An activity where campers and their counselors cross the road to one of our overnight sites, make a fire, make their own dinner, sleep out under a shelter, and return to camp after making breakfast.
Paddleboard	One of the toys that campers and staff can use during activities at the Lake.
Pagoda	The small structure at the Flagpole in which people can sit, relax and socialize.
Pinemere Camp	A coed Jewish overnight camp in the Pocono Mountains of Pennsylvania established in 1942.
Polar Bear Club	A secret!
Rest Period	A one-hour session after Lunch when campers relax in their bunks and write letters.
Row	The Unit for female campers entering 2 nd – 6 th grade and their counselors.
Ruach	Hebrew for "spirit." Our JCs lead a <i>Ruach</i> Session during <i>Shabbat</i> Dinner on Friday night.
Shabbat	The Jewish holy day of rest.
Shalom	Hebrew for "hello," "goodbye," and "peace."
Shlichim	The Israeli staff (Hebrew for "ambassadors") who work at camp as counselors and Supervisors in the summer.
Specialty	An activity area where staff are used to offer qualified instruction and supervision.
Supervisors	Includes Program Area Leaders, Unit Leaders, and other supervisory positions.
Super OD (On Duty)	Camp Supervisors are assigned as rotating nighttime supervisors of all of camp.
Teva	Hebrew for "nature."
Torah	The five books of Moses in the Bible -- Genesis, Exodus, Leviticus, Numbers & Deuteronomy.
Traveling Unit	The group of bunks (between 1 and 3) that travel together to certain activities.
Unit	A group of bunks, their campers, and staff. Camp has four camper units and one CIT Unit.
Unit Leader (UL)	The Staff person who supervises each camper Unit.
Upper Maple Tree	The tree and platform directly in front of the Cottage.
Village	The Unit for male campers entering 7 th – 9 th grade and their counselors.